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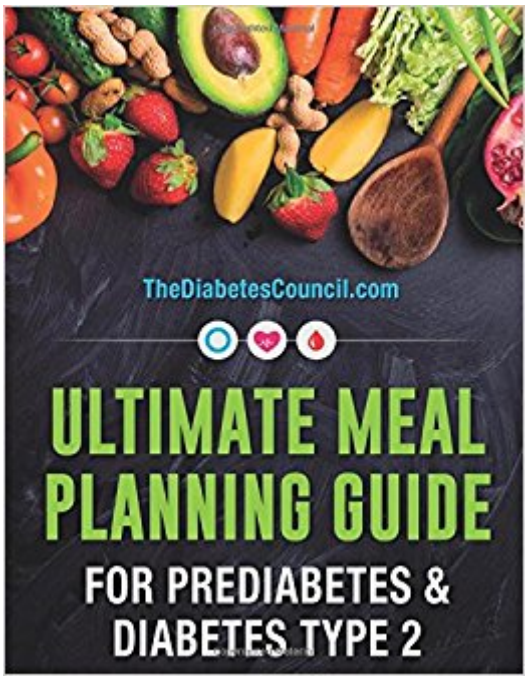

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Synopsis

Ultimate Diabetes Management Guide Most comprehensive diabetes management guide for those living with Prediabetes and Type 2 diabetes. Take the guess work out of your diabetes management. Learn how to more effectively manage all aspects of your diabetes care including blood sugar levels, carbohydrate intake, what foods work with you instead of against you and so much more!

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Customer Reviews

Health Educator at The Diabetes Council, Family Mentor at JDRF and Freelance & Diabetes Expert As a freelance writer of over 12 years, writing has always been a passion of mine. My husband and I have 7 children together. Our oldest and our youngest child, both have type 1 diabetes, which turned our worlds upside down. But since 2010 when our oldest was diagnosed, we've learned to navigate the world of diabetes and see it with a new, fresh set of eyes. Since this time I have dedicated my life professionally and personally to research and advocacy in the diabetes community for all those living with diabetes, not just those with type 1. Both my father and my mother in law have type 2 diabetes. Because of their struggles as well, I've jumped in both feet first, learning as much as I can. In July of 2016, I became an author at TheDiabetesCouncil.com.

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